CONTENTS.

THE EVOLUTION OF MODESTY.

I. The Definition of Modesty—The Significance of Modesty—Difficulties in the Way of Its Analysis—The Varying Phenomena of Modesty Among Different Peoples and in Different Ages...... 1


III. The Blush the Sanction of Modesty—The Phenomena of Blushing—Influences Which Modify the Aptitude to Blush—Darkness, Concealment of the Face, Etc........................................ 72

IV. Summary of the Factors of Modesty—The Future of Modesty—Modesty an Essential Element of Love......................... 80

THE PHENOMENA OF SEXUAL PERIODICITY.

I. The Various Physiological and Psychological Rhythms—Menstruation—The Alleged Influence of the Moon—Frequent Suppression of Menstruation among Primitive Races—Mittelschmerz—Possible Tendency to a Future Intermenstrual Cycle—Menstruation among Animals—Menstruating Monkeys and Apes—What is Menstruation—Its Primary Cause Still Obscure—The Relation of Menstruation to Ovulation—The Occasional Absence of Menstruation in Health—The Relation of Menstru-
Contents.

Menstruation—The Predominance of Sexual Excitement at and around the Menstrual Period—Its Absence during the Period Frequently Apparent only...

II.

The Question of a Monthly Sexual Cycle in Men—The Earliest Suggestions of a General Physiological Cycle in Men—Periodicity in Disease—Insanity, Heart Disease, etc.—The Alleged Twenty-three Days' Cycle—The Physiological Periodicity of Seminal Emissions during Sleep—Original Observations—Fortnightly and Weekly Rhythms...

III.

The Annual Sexual Rhythm—In Animals—In Man—Tendency of the Sexual Impulse to become Heightened in Spring and Autumn—The Prevalence of Seasonal Erotic Festivals—The Feast of Fools—The Easter and Midsummer Bonfires—The Seasonal Variations in Birthrate—The Causes of those Variations—The Typical Conception-rate Curve for Europe—The Seasonal Periodicity of Seminal Emissions During Sleep—Original Observations—Spring and Autumn the Chief Periods of Involuntary Sexual Excitement—The Seasonal Periodicity of Rapes—Of Outbreaks among Prisoners—The Seasonal Curves of Insanity and Suicide—The Growth of Children According to Season—The Annual Curve of Bread-consumption in Prisons—Seasonal Periodicity of Scarlet Fever—The Underlying Causes of these Seasonal Phenomena...

Auto-eroticism: A Study of the Spontaneous Manifestations of the Sexual Impulse.

I.


II.

Hysteria and the Question of Its Relation to the Sexual Emotions—The Early Greek Theories of its Nature and Causation—The Gradual Rise of Modern Views—Charcot—The Revolt Against
CONTENTS.

Charcot's Too Absolute Conclusions—Fallacies Involved—Charcot's Attitude the Outcome of his Personal Temperament—Breuer and Freud—Their Views Supplement and Complete Charcot's—At the Same Time they Furnish a Justification for the Earlier Doctrine of Hystera—But They Must Not be Regarded as Final—The Diffused Hysteroid Condition in Normal Persons—The Physiological Basis of Hystera—True Pathological Hystera is Linked on to almost Normal States, especially to Sex-hunger........................................... 209

III.


APPENDIX A.

The Influence of Menstruation on the Position of Women.......... 284

APPENDIX B.

Sexual Periodicity in Men........................................... 297

APPENDIX C.

The Auto-erotic Factor in Religion................................... 310

INDEX ........................................................................... 327

DIAGRAMS .................................................................... 341