CONTENTS

Chapters

I. INTRODUCTION


DECEMBER, 1938

10th December, 1938.


11th December, 1938.


13th December, 1938.

Periods of blankness — ‘All poetry is telling lies’ —

14th December, 1938

Kaliostro and Nosterdamus—Bhikhus and Buddhism—“Siddhi worth half an anna”—No control over accidents—Extremely successful in the Ashram but not always in the world—Comparision between Japan and China—India going towards European Socialism—‘Hide your revolver.’

15th December, 1938

Mental intuition—Kundalini.

18th December, 1938

American turn—No Maharastrian Sadhaks—Trial of the Supermind—Vivekanand’s training in intuition in jail—Supermind withdrawing in 1934—Why fear of death? How to conquer it?—Fortunes of Caesar—Barin’s yogic experiences and revolutionary work—‘What everyone knows I do not know.’ Open armed revolution and not terrorism—Bengal’s emotionalism—Disgust of administrative life of I. C. S.—In touch with Deshpande, Tilak etc. and criticism of Congress—Jatin Banerji in military—National College and ‘Bande Mataram’—Bipin Pal an orator and editor—Following Tilak to drive out moderators—“Open letter to my country men.”—Certificate under a false name for passport.

22nd December 1938

Right inner attitude—Psychic control more needed than the mental one—Static and
dynamic experience—Reasonableness in Sadhna—Name of the Divine has power—Vital mixture—Semi-justification to sex-impulse—Transformation of nature and modification—Three Transformations Psychic, Spiritual and Supramental—Fall of Rishis—"Our Yoga" and Agyamananda Swami's arrest in London and Transformation—Intermediate zone in Sadhana and Gurugiri—Help of intellect to separate oneself from vital—Queer ideas about Omnipotence—

23rd December, 1938

Opposition between ignorance and knowledge—Accepting in name and rejecting in substance—Kings and Buddhism and Christianity and Mohammedanism—Raman Maharshi's greatness—Spirituality without mosquitoes—Human nature and its difficulties

26th December, 1938

Balabhava—Self-offering—Propitious time for meditation—Sleep—Sadhana of physical plane—Surface consciousness and deeper vital—Tagore's paintings—Headache and Mother's touch—Mother's force and co-operation of Sadhak.

27th December, 1938

Enthusiasm for self-government—Mayor of Chicago—English Parliamentary Government—Old Indian system of Government grew out of life—Sir Akbar in Hyderabad—Gandhi is the dictator—no room for independent opinion—Organisations not on political but on business lines—Hindi versus English—Contribution of Jews is remarkable—Temptation of Supermind — Yogis have done nothing for humanity—Vaccination good or bad ?-Suffering and ignorance—Evolution and Super—
mind—Discoveries used for destruction—Consider the whole civilisation—Why Huxley drawn towards Yoga?

28th December, 1838...
Lectures on Augury—Italian and German armies—War depends on generals rather than fighters—Situation about European war.

29th December 1938...
Superiority of each Yoga over other—Tagore’s meditation with Mother—How to choose a Master? Some not satisfied with even best conditions—Laya a part of realisation—Taking fragments as whole—Truth in mental terms is confusion—Brahman as Chatuspad—Nirguna and Saguna—Aspects of the One—Cosmic and individual co-exist.—In science the One as many. Electrones as basis of matter—A hard task—Heavens opened and it was done—Conquest of death never means one will not die—Shaw’s “Back to Methuseah”—Russel’s poor figure in ‘Introvert.’

JANUARY, 1939

1st January, 1939...
Hiranmaya Patra—breaking—Yoga demands patience—Dreams and visions—“I” coming—in the way—Divine consciousness replacing.

2nd January 1939...
Mother is not testing—Self-sufficiency—No outside discipline—No mental construction but spiritual creation—Emptiness for something higher to come in. Period of dryness—Mental peace—Inner silence increasing effectiveness in work—Capacity to do nothing—Asuric Tapsya—Hatha Yoga—a step to Yoga—Upward growth to be stressed.
3rd January, 1939

Hypnotic influence, sweetness in subject or in object—Smallest quantity retaining the quality—Speaking unknown language in unconscious condition—Kingdom of God—Separating subtle body from physical one—Nervous envelope a protecting sheath—Spoiled by excitement and irregularities—Tibetan exteriorisation—Mother’s exteriorisation in Algeria—Occultism and Spirituality—Zen, Laotze—White ants eating away papers of stories—Megh Duta translation lost.

4th January, 1939.

Effect of fasting on yoga—Walking eight hours a day while fasting—Drawing energy from vital plane—R. C. Dutta’s invitation to dinner—Vegetarian diet, light and pure—Well or ill according to mental ideas—All diseases come from outside—Body a mass of responsive vibrations—“I” and “mine” have no meaning—Person and personality are not the same—Cosmic liberation—Illness as a gift—What happens to a Bhakta is best—Difficulties as opportunities—Krishna speaking in “double words”—Modern psychology is surface deep.

5th January, 1939.

Began Yoga somewhere in 1905—Experienced calm and quiet, when landed in Indian soil—Poona Parvati hills—Kashmir—Shankaracharya hill—Yogic power for the freedom of country—Automatic writing—Spirit of the father—“Build a temple”—Pranayam in 1905—Khasirav Jadhav and Devdhur—Pranayam’s results remarkable—Meat a rajasic food—Vivekanand’s advice—Visit to Ganganath—Kali at Kernali—a living presence—Bhang, Ganja make one go in trance—Meeting
Lele. Nirvana experience—Alipore Sadhana was very fast.

6th January, 1939 ... 97

Listening to voices from vital—Effacement of Ego—Identity with the Cosmic Divine—Psychic attitude of humility—“I know I am not nothing”—Provincial Board of Control of revolutionaries—Co-operative farming.—Hitler’s beliefs—robbing governments—robbing the robber.

7th January, 1939 ... 102:

Dog’s tail—human nature—How to replenish exhausted nervous being—Lucky new comers—Distruction of the seed in subconscious—New path made out in the jungle—Long drawn out struggle.

8th January, 1939 ... 107:

Gap in the physical—accident—Gandhi and Hitler and the English people—Hitler, sentimental and yet cruel—When treated badly, give blow to the English—man and he becomes friendly—Dr. K. D. Ghose’s popularity and generosity—Father died of shock—Lecturing about extravagance—Very hard life in England—Cambridge tailor—“Two and a half men in India”.

10th January 1939 ... 113:

Homeopathy, Unani, Ayurvedic and Chinese medicines—Yogic powers curing diseases.

12th January 1939 ... 117:

Indian freedom will not come by arms but without arms—Balance of power—Being eaten last!

13th January 1939 ... 118:

Idea of sin—Killing bugs and mosquitoes and scorpions—Withdraw the sanction from Prakriti.
14th January, 1939

Anger can be cured by Homeopathy?—Things not there, suddenly coming out—Anger possessing Sri Aurobindo—"Subordinate look"—Rudra Bhava—Self—respect coming in the way of admitting faults—Justifying the wrongs.

15th January, 1939

Terms for sharing the profit for going in trance—Indian Sanyasis doing business in America—Thought reading—"Name is necessary in unphilosophical world"—"Wild intensity of weakness—not strength"—"Eternal doubter"—Measuring rod.

16th January, 1939

"Ashisha" and ashes!—Bholagiri meditating with a dead lady in flesh and blood—Material body and materialised body. Stone—throwing in the guest—house—Egyptians preserved the dead body—"Gandhi Swamy"—Ashram not working for humanity—Subhas Bose writing against Ashram—Abanindranath serving the country by painting—Gaekwad’s Baroda service—Good landlady in London—"What would have happened if I joined civil service?"—Non—violence disarming the Pathana—"Non—violent resistance never been able to fathom."

17th January 1939.

Kusum Harnath Path—a Tantric Path—"Vasudeva is all."—Krishna speaking Gita is Vishnu aspect—Vishnu Purana—a magnificent poetry—Aditi—the Infinite Divine Consciousness—Vedas are eternal because the source of their inspiration is eternal—Europeans thought that Vedic Rishis were not so advanced.
19th January, 1939

Spiritual commune, with economic life—a solution of problems of man—Dayal Bag and Radha Swami School—Nudism—A solution of weaving problem!—Sikhs organised community on religion—Unity of consciousness—a basis of collective life—Sheep following a shepherd or a Royal Bengal Tiger!

Adhikar in Yoga—Going beyond morality is sinking to immorality?—No dictation to the soul—Distinction between saints and spiritual persons—Durvesa not a saint, but a spiritual man—Shiva gives inconsiderate boons—No need to give up Bhakti to get Jnana—Blavatsky found Theosophy on Buddhism—Possibility of being Yoga Bhrashta

20th January, 1939

“Ornamental Yoga”—England, France, Italy, Germany playing a risky game—Roosevelt, the one that can see through—Two advanced Sadhaks here: you and I?

21st January, 1939.

“It is also fated that I should plan”—Napoleon—See that your light is not darkness—What Hitler said today he contradicted to-morrow—Sister Nivedita a staunch revolutionary leader—Nivedita’s admiration for Gokhale—First contact with Tilak.

22nd January, 1939.

Hitler’s morality—“I spit on your vedanta”—Ramkrishna—Bengal partition—right or wrong?—Law of Karma.

23rd January 1939.

I see the better things but I follow the worse.
Truth is not always consistent—Personality is formed of mental, vital and physical nature—Agni the God of psychic—Ways of attaining the freedom—Most Yogis are bad philosophers—Raman Maharshi spitting and biting his nails—Universe not a question of logic but of consciousness—Agnosticism in Buddhism—Romantic robber preferred to Son of God—Sravan and Manana.

24th January 1939

Titans fall by their own mass—Find out the cause of poverty—In France and England no poverty because of education—Genius can do without money!—Human values are half-values.—Hagel separating reason from life.

26th January, 1939

Satyamurty’s idea of federation—Japanese are not greedy—Sumurai culture—Mussolini recognised Roman Church—“Turkey is governed by one drunkard”—Hatha Yogic cures.

28th January 1939

Unorthodox method of investigation!—Animals can think and reason—They can’t form a concept.

29th January 1939

Subhas an intellectual without the grasp of realities, a good lieutenant but not a great leader—Worst types of criminals in politics—Nehru and Nahas Pasha—Indian boys not inferior to English boys—Declaring policy in advance—no good.

FEBRUARY, 1939

3rd February, 1939

Get rid of fear in Yoga—Stamp of one’s ancestral religion—in politics, accept the power given and
fight for more—British people's weakness is compromise—Congress High Command and Gandhi's dictatorship kept country together.

5th February, 1939 ... 208

"My Political will"—Idea of Illusion may be carried from past life—Foreign affairs.

7th & 9th February, 1939 ... 211

Indian State's affairs—Writing for the mass, a stupid idea.

18th February, 1939 ... 216

State ownership creates a class like capitalists.

21st February, 1939 ... 217

A great rush in public career—Politician can lie but not be corrupt—Kingship like Aundh best suited for India.

24th February, 1939 ... 218

Mental factor much effective in curing diseases—Nation's being. Wrong application of Satyagraha Uneducated labour destroy the machinery even and get unemployed!

MARCH 1939

12th March 1939 ... 222

Socialism can come in India after independence—Can't help other nations before we are free—Gandhi's is a big triumph.

MAY 1939

6th May 1939 ... 225

True intuition to be distinguished from mental imitation!—Psychic tact.
16th May 1939  ...  226

Trikal Drishti—Christ could not cure anyone in one district.

NOVEMBER 1939

19th—20th November 1939  ...  227

Impulse of possession responsible in vitiation of pure love—Sheep trying to understand a lion—Vaisnavas wanted to sublimate love.

DECEMBER 1939

14th December 1939  ...  233

Sannyasi marriage—Mysticism combined romance—The evil rises and they get rid of it by good—Reason prepares the human spirit for what is beyond—Think for the sake of thinking—no practical side in Western philosophy—Absolute cannot be known by reason.

15th December, 1939  ...  236

Experience one thing and expression another—Mind and speech can’t express the Truth—Reason would not be right if it did not differ—“Arrow piercing the mark”.

30th December 1939.  ...  242

Objection to “Vande Maturam”—a national song.

JANUARY 1940

5th January 1940.  ...  243

English and French characteristics.

8th January 1940  ...  248

Unity of matter and energy—Why a different combination of atomic particles should make a different element?—Energy when it is in activity.
Bramha playing on Brahman or playing within the Brahman—Tensorial law—I accept life for transfor-
tion—Tagore and Sharadchandra's novels.

FEBRUARY, 1940

23rd February 1940
In Jainism one gets his liberation by his own efforts—None helps—In Purusharta one can't expect of God—Fantastically illogical—With poverty spirituality can't co-exist—Philanthropy cannot remove poverty—Not a correct idea that when people have plenty they will think of God—Control on prison.

MARCH, 1940
Barin's article—a criticism of Ashram—Many people criticise me—I don't answer—Attitude of the Purusha in reading also—Not to attack or contradict people—What distortion the mind has brought in democracy—In co-operation each finds his self interest in the interest of others—Ministers are mouth-pieces of Civil Service with Some exceptions—Mother's brother in Congo—are villagers going to understand my philosophy?

APRIL, 1940

25th April 1940
No comparison between Mother and others.

MAY 1940

20th May 1940
Hitler, enemy of our work—“The Lord of the Nation's”—Richard books—Do hostile beings know the existence of God? —German and Stalin affair.
The Descent of whole vital world on earth—
Let Nazis come and you will know what cruelty is.

23rd May 1940

National socialism in England—a great step—Gandhi’s Ahinsa.

JUNE 1940

15th June 1940

Asuras can have power of vision—Asura can’t see his own end—Can asrtolonger predict his death?—Man may have much knowledge but he may be very weak.

17th/18th June, 1940

They are the coins of a ruined country—Nations, if they can go through the suffering and pay the price they can wipe off their Karma—The English have great flexibility in politics—Indians think that if you are defeated you have to give up—No nation is great if is does not stand for great cause—French moral broken—German and Japanese cannot be surpassed—War maps where even trees and houses indicated—Hiranyagarbha is a being while Supermind is not a being.

22nd June 1940

Daladier and Chamberlain could do nothing for their country’s preparation for war—Cunning fool—Chamberlain.

25th June 1940

I willed to break my leg?—I wanted to break British Empire, but now that means Hitler’s triumph, which means destruction of human values—My sympathy for the British—“I have not seen my will fail.”—The Divine will even includes running away like Krishna who fled from Kala
Yavana—What man is doing now is only extention of animal ingenuity.

27th June 1940

A good writer does not always use current phrases—English language like a woman who loves you for taking liberty with her.

JULY 1940

In Supramental creation there is no place of force—True things are decided above—Different layers of destiny.

AUGUST 1940

18th August 1940

In music words more preferable to notes—The soul of music to be considered—In Tagore’s songs no one is allowed to make changes—Bethovan’s symphonies are only musical notations—South Indian music more intellectual—No changes in modern Europeans music as in modernist painting and poetry—Dilip’s poetry—a mental poetry—Tagore, a genius and his poetry beautiful but without a backbone—in novels Sharadbabu far superior to Tagore—Characteristics of shaw’s dramais.

SEPTEMBER 1940

15th September 1940

Even when Divine has decreed the result, then the result is decreed and not the Nimitta—Ignorance is not unreal—Gandhi takes delight in suffering for its own sake—Christian idea has taken hold of him—His theory of non-violence will not continue after him—contribution to the war fund for culture and liberty to be upheld—Give and take is the way to
freedom—Talk of change of heart is absurd—Lucknow pact—a political blunder.

DECEMBER 1940

31st December ... 300

Throw away all disturbance by aspiration, will, effort, etc.

JANUARY 1941

4th January 1941 ... 301

From Inconscient matter takes from—Central faith absolute necessity—Religious instructions not to be made compulsory in Universities—in modern art three things are seen: (1) Ugliness, (2) Vulgarity or coarseness, (3) Absurdity.—To much of a genius to be positively ugly.

1941 or 1942 ... 306

The Vaisnavas look upon all souls as Gopis—man may be devoted to a woman, this is not same as a woman’s devotion to a man—Tapas can be for something one likes or wants.

APRIL 1943 ... 313

Whether Divinity in Guru awakens Divine in the disciple.

AUGUST 1943 ... 316

One can’t arrive at Truth by arguing—in spite opposite appearances you have to act on faith—I fixed 15th August & 15 Sept. as the dates on which Germany would have defeat.

OCTOBER 1943 ... 319

In this great war, machine seems to dominate & not men—How can machine come to aid men in spiritual & inner progress?
Names of participants in the evening talks

From 1938-1950

1. Nirod Baran
2. Champaklal
3. Satyendra Thakore
4. Mulshankar
5. A. B. Purani
6. Becharlal

Occasional Participants:

1. Dr. Manilal Parikh
2. Dr. Srinivas Rao
3. Dr. Savoor